

DOUVRIS

Karate • Fitness • Leadership



CLASS SCHEDULE WESTBORO

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|
| 5:00 to 5:30pm TYKES & KIDS (ZOOM) | 5:20 to 6:05pm TEENS Brown & Black Belts (DOJO) | 4:40 to 5:10pm TYKES & BEGINNERS (DOJO) | 5:00 to 6:00pm SPECIALTY CLASS (ZOOM) (DOJO) | 5:00 to 5:30 pm TYKES & KIDS BEGINNERS (ZOOM) | 10:20 to 11:00am JUNIOR KIDS (ZOOM) |
| 6:45 to 6:30pm ADULTS (ZOOM) | 6:15 to 7:00pm ADULTS Brown - 1 st Degree Black Belts (DOJO) | 5:20 to 6:00pm JUNIOR KIDS (ZOOM) | 6:15 to 6:55pm INTERMEDIATE KIDS (DOJO) | 5:45 to 6:20pm JUNIOR KIDS White - Green Belts (DOJO) | 11:15 to 11:55 am TYKES & KIDS BEGINNERS (DOJO) |
| 7:00 to 7:45pm ADULTS 2nd & 3rd Level Black Belts (DOJO) | 7:10 to 7:55pm ADULTS White- Blue Belts (DOJO) | 6:15 to 7:00pm ADULTS KARATE (ZOOM) | 7:00 to 7:45pm ADULTS White - 1st Degree Black Belts (DOJO) | 6:30 to 7:15pm TEENS Brown - Black Belts (DOJO) | 12:00 to 12:40pm INTERMEDIATE KIDS (DOJO) |
| | | 7:30 to 8:15pm ADULTS 2nd & 3rd Level Black Belts (DOJO) | | 7:20 to 8:00pm SPECIALTY CLASS (ZOOM) (DOJO) | 12:45 to 2:00pm SPECIALTY CLASS (ZOOM) (DOJO) |